



United Way of Indian River County

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Health Priority Ranking Matrix for Outcomes

Overarching Health Goal: Improving people's health and well being	
<p>Community Goal: Improve Indian River County residents physical and mental health by 10% in the following areas:</p> <p style="text-align: center;">Healthy Weight, Major Depressive Episodes, and the ability to Live Independently</p>	<p>Community Goal: Improve the quality of life for mothers, infants and children by at least 10% in the following areas:</p> <p style="text-align: center;">Children's Oral Health, Child Abuse, Prenatal Care, Children's Mental Health, and Childhood Obesity</p>

Health Outcomes	Children, families, and seniors eat healthy, engage in health lifestyles and/or decrease obesity	Children, families, and seniors have decreased mental and behavioral health issues	Children, families and seniors have improved access to high quality preventative care	Families have improved access to high quality services that promote healthy habits and decrease infant mortality	
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Programs selecting Priority 1 indicators are eligible to receive up to 100% of their request.

Programs selecting Priority 2 indicators are eligible to receive up to 80% of their request.

Priority #1 Indicators

Outcome: Children, families, and seniors eat healthy, engage in health lifestyles and/or decrease obesity

- # of individuals who become more physically active
- # of clients with improved/maintained daily functioning
- # of clients reporting increased access to nutritious, low cost food
- # of clients participating in physical fitness activities that maintain or improve their physical health
- # of clients who are exercising or participating in physical activities for 30+ minutes 3 times a week or more

Outcome: Children, families, and seniors have decreased mental and behavioral health issues

- # individuals that gain access to respite, counseling, and caregiver training
- # of individuals with a completed treatment plan / safety plan
- # of individuals with healthy coping strategies increase
- # of individuals with a mental health screening who receive intervention services
- # of individuals who complete drug/alcohol treatment and/or prevention program
- # of individuals who avoid placement in a higher level of care
- # of clients who learn strategies and take steps to ensure their safety
- # of school-aged children who increase resistance skills related to bullying, gang involvement, tobacco, alcohol, illegal drugs, or sexual activity
- # of school-aged children who reduce the frequency or stop use of tobacco, alcohol, or illegal drugs

Outcome: Children, families and seniors have improved access to high quality preventative care

- # of children up to date on immunizations
- # of individuals who access preventative care services
- # of children and families receiving dental services
- # of clients who have had developmental needs identified prior to age 5
- # of women receiving appropriate preventative screenings
- # of children with a diagnosis receive therapy
- # of individuals completing health/dental treatment
- # of individuals who create a health action plan
- # of individuals who demonstrate progress toward individual health goals
- # of individuals who maintain their improved state of health and/or lifestyle for 90 days

Outcome: Families have improved access to high quality services that promote healthy habits and decrease infant mortality

- # of women accessing prenatal care in the first trimester
- # of women who initiate breastfeeding
- # of women in hard-to-reach communities who initiate breastfeeding
- # of pre-term births
- # of infants receiving health care services
- # of mothers with an interpregnancy interval greater than 18 months
- # of births to mothers with less than a high school education

Priority #2 Indicators

Outcome: Children, families, and seniors eat healthy, engage in health lifestyles and/or decrease obesity

- # of individuals who gain knowledge of chronic disease and disease management through information and instruction
- # of children and families who increase their knowledge of healthy eating and/or oral health
- # of children who are provided transportation enabling participation in after school sports
- # of elderly individuals who increased their knowledge on fall prevention through instruction/education

Outcome: Children, families, and seniors have decreased mental and behavioral health issues

- # of individuals who receive a mental health screening
- # of clients who are served under a collaborative care model that uses integrated care
- # of individuals who gain and increase knowledge of available mental and behavioral health services

Outcome: Children, families and seniors have improved access to high quality preventative care

- # of families with knowledge of self-care* options (*defined as managing stress and having a healthy lifestyle)
- # of individuals who have increased knowledge of the medical and social service systems
- # of individuals who increase knowledge of decision making skills related to healthy behaviors
- # of individuals who receive information about available community resources or assistance programs

Outcome: Families have improved access to high quality services that promote healthy habits and decrease infant mortality

- # of individuals who increase knowledge through prenatal and post-natal services